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by **Mark Dee**  
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# St. Luke's joins with Apple Health

*Patients can view information on iPhone, iPad*

You know what they say about an apple a day.

Now, for St. Luke's patients, there may be something to it. The network is one of 50 nationwide to partner with Apple Health, allowing anyone with an iPhone, iPad or Apple Watch to carry medical records in their pocket.

Through the Apple Health app, patients can store and track lab results, prescription lists, immunization records, allergies and personal health changes like weight, blood sugar and cholesterol. It also synchs with St. Luke's own myChart system and pulls records from participating out-of-state doctors, so patients can manage and coordinate their care.

The idea: Put people "at the center of their care," said St. Luke's Chief Information Officer Reid Stephan, and keep them out of costly procedures and interventions.

"Most of us carry our phones at all times," he said. "Being able to reach in your pocket, open the app and see your exact prescription, or that you already recently had a blood test, is powerful for the patient and their provider. It saves time, helps save money by preventing repeat tests, and could save a life when you consider complications like allergies and potential medical interactions."

According to the hospital, medical information does not travel on Apple's network, and Apple doesn't receive, control or transmit health data. Those interested can open the Apple Health app, which comes standard on most devices, tap the Health Records line and follow the instructions to link with their myChart account.

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