

## JANUARY

### Month-long observances

- 1-31 Cervical Health Awareness Month – National Cervical Cancer Coalition (NCCC)  
[www.nccc-online.org](http://www.nccc-online.org)
- 1-31 National Birth Defects Prevention Month – March of Dimes Birth Defects Foundation  
[www.marchofdimes.com](http://www.marchofdimes.com)
- 1-31 National Blood Donor Month – American Association of Blood Banks (AABB)  
[www.aabb.org](http://www.aabb.org)
- 1-31 National Glaucoma Awareness Month – Glaucoma Research Foundation  
[www.glaucoma.org](http://www.glaucoma.org)

### Week-long observances

- 1-2 National Folic Acid Awareness Week – National Council on Folic Acid  
[www.folicacidinfo.org](http://www.folicacidinfo.org)
- 15-21 Healthy Weight Week – Healthy Weight Network  
[www.healthyweightnetwork.com](http://www.healthyweightnetwork.com)
- 22-28 National Certified Nurse Anesthetists Week – American Association of Nurse Anesthetists  
[www.aana.com](http://www.aana.com)

## FEBRUARY

### Month-long observances

- 1-28 AMD/Low Vision Awareness Month – Prevent Blindness America  
[www.preventblindness.org](http://www.preventblindness.org)
- 1-28 American Heart Month – American Heart Association  
[www.americanheart.org](http://www.americanheart.org)
- 1-28 National Cancer Prevention Month – American Institute for Cancer Research  
[www.aicr.org](http://www.aicr.org) or American Cancer Society [www.cancer.org](http://www.cancer.org)
- 1-28 National Children's Dental Health Month – American Dental Association  
[www.ada.org](http://www.ada.org)
- 1-28 National Condom Month – The Bacchus Network National Office  
[www.bacchusnetwork.org](http://www.bacchusnetwork.org)
- 1-28 National Senior Independence Month – Administration on Aging  
[www.aoa.gov](http://www.aoa.gov)
- 1-28 Wise Health Consumer Month – American Institute for Preventive Medicine  
[www.healthylife.com](http://www.healthylife.com)

### Week-long observances

- 12–18 National Cardiac Rehabilitation Week – AACVPR Office  
[www.aacvpr.org](http://www.aacvpr.org)
- 13–19 Random Acts of Kindness Week – Random Acts of Kindness Foundation  
[www.actsofkindness.org](http://www.actsofkindness.org)
- 26-March 3 National Eating Disorders Awareness Week – National Eating Disorders Association  
[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

### Recognition days/events

- 4 National Wear Red Day  
The Heart Truth—a National Awareness Campaign for Women About Heart Disease  
[www.womenheart](http://www.womenheart)

## MARCH

### Month-long observances

- 1-31 American Red Cross Month – American Red Cross, National Headquarters  
[www.redcross.org](http://www.redcross.org)
- 1-31 Brain Injury Awareness Month – Brain Injury Association of America  
[www.biausa.org](http://www.biausa.org)
- 1-31 Hemophilia Month – National Hemophilia Foundation  
[www.hemophilia.org](http://www.hemophilia.org)
- 1-31 Learning Disabilities Awareness Month – Learning Disabilities Association of Canada  
[www.ldac-acta.ca](http://www.ldac-acta.ca)
- 1-31 National Colorectal Awareness Month – Cancer Research and Prevention Foundation  
[www.preventcancer.org/colorectal](http://www.preventcancer.org/colorectal)
- 1-31 National Developmental Disabilities Awareness Month – The Arc of the United States  
[www.thearc.org](http://www.thearc.org)
- 1-31 National Eye Donor Month – EBAA, Eye Bank Association of America  
[www.restoresight.org](http://www.restoresight.org)
- 1-31 National Kidney Month – National Kidney Foundation  
[www.kidney.org](http://www.kidney.org)
- 1-31 National Nutrition Month – American Dietetic Association  
[www.eatright.org](http://www.eatright.org)
- 1-31 National Poison Prevention Month – Poison Prevention Council  
[www.poisonprevention.org](http://www.poisonprevention.org)
- 1-31 National Professional Social Work Month – National Association of Social Workers  
[www.socialworkers.org](http://www.socialworkers.org)
- 1-31 Save Your Vision Month – American Optometric Association  
[www.aoa.org](http://www.aoa.org)

### Week-long observances

- 13-19 National Pulmonary Rehabilitation Week – American Association of Cardiovascular and Pulmonary Rehabilitation  
[www.aacvpr.org](http://www.aacvpr.org)
- 18-24 National Poison Prevention Week – Poison Prevention Council  
[www.poisonprevention.org](http://www.poisonprevention.org)

### Recognition days/events

- 21 Kick Butts Day – Campaign for Tobacco-Free Kids  
[www.tobaccofreekids.org](http://www.tobaccofreekids.org)
- 27 American Diabetes Alert Day – American Diabetes Association Public Relations  
[www.diabetes.org](http://www.diabetes.org)

## APRIL

### Month-long observances

- 1-30 National Cancer Control Month  
[www.cancer.org](http://www.cancer.org)
- 1-30 National Child Abuse Prevention Month – Prevent Child Abuse America  
[www.preventchildabuse.org](http://www.preventchildabuse.org)
- 1-30 National Minority Health & Health Disparities Month – Office of Minority Health Resource Center  
[www.omhrc.gov](http://www.omhrc.gov)
- 1-30 National Occupational Therapy Month – The American Occupational Therapy Association  
[www.aota.org](http://www.aota.org)

- 1-30 National STDs/Family Planning Awareness Month – American Social Health Association  
[www.ashastd.org/](http://www.ashastd.org/)

#### **Week-long observances**

- 7-13 National Public Health Week – American Public Health Association  
[www.apha.org](http://www.apha.org)
- 15-21 National Volunteer Week
- 15-21 Medical Fitness Week, Medical Fitness Association  
[www.medicalfitness.org](http://www.medicalfitness.org)
- 17-23 National Minority Cancer Awareness Week – National Cancer Institute  
[www.cancernet.nci.nih.gov](http://www.cancernet.nci.nih.gov)
- 21-28 National Infant Immunization Week – CDC  
[www.cdc.gov/vaccines/events/niiw](http://www.cdc.gov/vaccines/events/niiw)

#### **Recognition days/events**

- 7 World Health Day – World Health Organization  
[www.who.org](http://www.who.org)
- 16 National Healthcare Decisions Day – NHDD  
[www.nhdd.org](http://www.nhdd.org)

## **MAY**

#### **Month-long observances**

- 1-31 Asthma and Allergy Awareness Month – Allergy and Asthma Foundation of America  
[www.aafa.org](http://www.aafa.org)
- 1-31 Healthy Vision Month/UV Safety – National Eye Institute  
[www.nei.nih.gov/hvm](http://www.nei.nih.gov/hvm)
- 1-31 Hepatitis Awareness Month – Hepatitis Foundation International  
[www.hepfi.org](http://www.hepfi.org)
- 1-31 Huntington's Disease Awareness Month – Huntington's Disease Society of America  
[www.hdsa.org](http://www.hdsa.org)
- 1-31 Lupus Awareness Month – Lupus Foundation of America, Inc.  
[www.lupus.org](http://www.lupus.org)
- 1-31 National Arthritis Month – Arthritis Foundation  
[www.arthritis.org](http://www.arthritis.org)
- 1-31 National High Blood Pressure Education Month – NHLBI Information Center  
[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)
- 1-31 National Melanoma/Skin Cancer Awareness Month – American Academy of Dermatology  
[www.aad.org](http://www.aad.org)
- 1-31 National Mental Health Month – National Mental Health Association  
[www.nmha.org](http://www.nmha.org)
- 1-31 National Osteoporosis Awareness Prevention Month – National Osteoporosis Foundation  
[www.nof.org](http://www.nof.org)
- 1-31 National Stroke Awareness Month – National Stroke Association  
[www.stroke.org](http://www.stroke.org)

#### **Week-long observances**

- 6-12 National Nurses Week – American Nurses Association  
[www.nursingworld.org](http://www.nursingworld.org)
- 6-12 National Nursing Home Week – American Health Care Association  
<http://www.nnhw.org>

- 6-12 Women's Health Week – Office on Women's Health  
[www.4woman.gov/owh](http://www.4woman.gov/owh)
- 6-12 National Hospital Week – American Hospital Association  
[www.aha.org](http://www.aha.org)
- 7-11 North American Occupational Safety and Health Week (NAOSH) – American Society of Safety Engineers  
[www.asse.org/naosh](http://www.asse.org/naosh)
- 20-26 Older Americans Mental Health Week – Older Women's League  
[www.owl-national.org](http://www.owl-national.org)

#### **Recognition days/events**

- 8 World Red Cross/Red Crescent Day – American Red Cross  
[www.redcross.org](http://www.redcross.org)
- 16 National Employee Health and Fitness Day – National Association for Health and Fitness  
[www.physicalfitness.org](http://www.physicalfitness.org)
- 30 National Senior Health & Fitness Day  
[www.fitnessday.com](http://www.fitnessday.com)

## **JUNE**

#### **Month-long observances**

- 1-30 National Safety Month – National Safety Council  
[www.nsc.org](http://www.nsc.org)
- 1-30 National Scleroderma Awareness Month – United Scleroderma Foundation, Inc.  
[www.scleroderma.org](http://www.scleroderma.org)

#### **Week-long observances**

- 1-7 National Headache Awareness Week – National Headache Foundation  
[www.headaches.org](http://www.headaches.org)
- 11-17 National Men's Health Week  
[www.menshealthweek.org](http://www.menshealthweek.org)

#### **Recognition days/events**

- 3 National Cancer Survivors Day – National Cancer Survivors Day Foundation  
[www.ncsdf.org](http://www.ncsdf.org)
- 14 World Blood Donor Day  
[www.wbdd.org](http://www.wbdd.org)
- 27 National HIV Testing Day – National Association of People With AIDS  
[www.napwa.org](http://www.napwa.org)

## **JULY**

#### **Month-long observances**

- 1-31 Eye Injury Prevention Month – Federal Occupational Health  
[www.foh.dhhs.gov/Public/NYCU/eyeinjury.asp](http://www.foh.dhhs.gov/Public/NYCU/eyeinjury.asp)

## **AUGUST**

#### **Month-long observances**

- 1-31 Cataract Awareness Month – American Academy of Ophthalmology  
[www.aao.org](http://www.aao.org)
- 1-31 Medic Alert Awareness Month  
[www.medicalert.org](http://www.medicalert.org)

- 1-31 National Immunization Awareness Month – Center for Disease Control & Prevention  
[www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)

### **Week-long observances**

- 6-10 National Health Center Week – National Association of Community Health Centers, Inc.  
[www.healthcenterweek.com](http://www.healthcenterweek.com)

## **SEPTEMBER**

### **Month-long observances**

- 1-30 Baby Safety Awareness Month – Juvenile Product Manufacturers Association  
[www.jpma.org](http://www.jpma.org)
- 1-30 Children’s Eye Health and Safety Month – Prevent Blindness America  
[www.preventblindness.org](http://www.preventblindness.org)
- 1-30 Healthy Aging™ Month – Healthy Aging Campaign Educational Television Network, Inc.  
[www.healthyaging.net](http://www.healthyaging.net)
- 1-30 Leukemia & Lymphoma Awareness Month – Leukemia and Lymphoma Society of America  
[www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org)
- 1-30 National Alcohol & Drug Addiction Recovery Month  
[www.recoverymonth.gov](http://www.recoverymonth.gov)
- 1-30 National Cholesterol Education Awareness Month – National Heart, Lung, & Blood Institute  
[hp2010.nhlbihin.net/cholmonth](http://hp2010.nhlbihin.net/cholmonth)
- 1-30 National Ovarian Cancer Awareness Month – National Ovarian Cancer Coalition, Inc.  
[www.ovarian.org](http://www.ovarian.org)
- 1-30 National Pain Awareness Month – American Pain Foundation  
[www.painfoundation.org](http://www.painfoundation.org)
- 1-30 National Sickle Cell Disease Awareness Month – Sickle Cell Disease Association of America  
[www.sicklecelldisease.org](http://www.sicklecelldisease.org)
- 1-30 Prostate Health Month – National Prostate Cancer Coalition  
[www.menshealthnetwork.org](http://www.menshealthnetwork.org)

### **Week-long observances**

- 1-7 National Childhood Injury Prevention Week – The American Academy of Pediatrics  
[www.aap.org/healthtopics/safety.cfm](http://www.aap.org/healthtopics/safety.cfm)
- 3-7 Suicide Prevention Week – American Association of Suicidology  
[www.suicidology.org](http://www.suicidology.org)
- 7-13 National Assisted Living Week – National Center for Assisted Living  
[www.nalw.org](http://www.nalw.org)
- 16-22 National Rehabilitation Week – National Rehabilitation Awareness Foundation  
[www.nraf-rehabnet.org/](http://www.nraf-rehabnet.org/)

### **Recognition days/events**

- 20 Take A Loved One to the Doctor Day – National Health Information Center  
[www.healthfinder.gov/orgs](http://www.healthfinder.gov/orgs)
- 26 National Women’s Health & Fitness Day – Health Information Resource Center  
[www.fitnessday.com/women](http://www.fitnessday.com/women)
- 29 Family Health and Fitness Day USA – Health Information Resource Center  
[www.fitnessday.com/family](http://www.fitnessday.com/family)

## OCTOBER

### Month-long observance

- 1-31 Children's Health Month – Office of Children's Health Protection  
[www.yosemite.epa.gov/ochp/ochpweb.nsf/content/chm-home.htm](http://www.yosemite.epa.gov/ochp/ochpweb.nsf/content/chm-home.htm)
- 1-31 Health Literacy Month – Health Literacy Consulting  
[www.healthliteracymonth.org](http://www.healthliteracymonth.org)
- 1-31 Healthy Babies Month – March of Dimes/Birth Defects Foundation  
[www.marchofdimes.com](http://www.marchofdimes.com)
- 1-31 Healthy Lung Month – American Lung Association  
[www.lungusa.org](http://www.lungusa.org)
- 1-31 National Breast Cancer Awareness Month – Susan G. Komen Breast Cancer Foundation  
[www.komen.org](http://www.komen.org)
- 1-31 National Chiropractic Month – American Chiropractic Association  
[www.acatoday.org/NCHM](http://www.acatoday.org/NCHM)
- 1-31 National Dental Hygiene Month – American Dental Hygienists Association  
[www.adha.org/ndhm](http://www.adha.org/ndhm)
- 1-31 National Depression and Mental Health Screening Month – Screening for Mental Health, Inc.  
[www.mentalhealthscreening.org](http://www.mentalhealthscreening.org)
- 1-31 National Liver Awareness Month – American Liver Foundation  
[www.liverfoundation.org](http://www.liverfoundation.org)
- 1-31 National Physical Therapy Month – American Physical Therapy Association  
[www.apta.org](http://www.apta.org)
- 1-31 National Spina Bifida Month – Spina Bifida Association of America  
[www.sbaa.org](http://www.sbaa.org)
- 1-31 National Sudden Infant Death Syndrome (SIDS) Awareness Month – SIDS Alliance  
[www.sidsalliance.org](http://www.sidsalliance.org)
- 1-31 Talk About Prescriptions Month – National Council on Patient Information and Education  
[www.talkaboutrx.org](http://www.talkaboutrx.org)

### Week-long observances

- 7-13 Mental Health Illness Awareness Week – American Psychiatric Association  
[www.healthyminds.org](http://www.healthyminds.org)
- 21-27 International Infection Prevention Week – Association for Professionals in Infection Control and Epidemiology, Inc.  
[www.apic.org](http://www.apic.org)
- 21-27 National Health Education Week – Society for Public Health Education  
[www.sophe.org](http://www.sophe.org)
- 21-27 National Healthcare Quality Week – National Association for Healthcare Quality  
[www.nahq.org/](http://www.nahq.org/)
- 21-27 National Respiratory Care Week – American Association for Respiratory Care  
[www.aarc.org](http://www.aarc.org)

### Recognition days/events

- 1 Child Health Day – U.S. Dept. of Health and Human Services  
[www.mchb.hrsa.gov](http://www.mchb.hrsa.gov)
- 10 World Mental Health Day – World Federation for Mental Health  
[www.wfmh.org](http://www.wfmh.org)
- 19 National Mammography Day – American Cancer Society  
[www.cancer.org](http://www.cancer.org)
- 20 World Osteoporosis Day – International Osteoporosis Foundation  
[www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)
- 26 **Lung Health Day** – American Association for Respiratory Care  
[www.aarc.org](http://www.aarc.org)

## NOVEMBER

### Month-long observance

- 1-30 American Diabetes Month – American Diabetes Association  
[www.diabetes.org](http://www.diabetes.org)
- 1-30 Diabetic Eye Disease Month – Prevent Blindness America  
[www.preventblindness.org](http://www.preventblindness.org)
- 1-30 Great American Smokeout Month – American Cancer Society  
[www.cancer.org](http://www.cancer.org)
- 1-30 National Alzheimer's Disease Awareness Month – Alzheimer's Disease and Related Disorders Association  
[www.alz.org](http://www.alz.org)
- 1-30 National Child Mental Health Month  
[www.aboutourkids.org](http://www.aboutourkids.org)
- 1-30 National Epilepsy Awareness Month – Epilepsy Foundation of America  
[www.efa.org](http://www.efa.org)
- 1-30 National Family Caregivers Month – National Family Caregivers Association  
[www.nfcacares.org](http://www.nfcacares.org)
- 1-30 National Healthy Skin Month – American Academy of Dermatology  
[www.aad.org](http://www.aad.org)
- 1-30 National Home Care Month – National Association for Home Care & Hospice  
[www.nahc.org](http://www.nahc.org)
- 1-30 National Hospice Month – National Hospice and Palliative Care Organization  
[www.nhpc.org](http://www.nhpc.org)
- 1-30 Pancreatic Cancer Awareness Month – Pancreatic Cancer Action Network  
[www.pancan.org](http://www.pancan.org)

### Recognition days/events

- 14 World Diabetes Day – International Diabetes Federation  
[www.worlddiabetesday.org](http://www.worlddiabetesday.org)
- 15 Great American Smokeout – American Cancer Society  
[www.cancer.org](http://www.cancer.org)

## DECEMBER

### Month-long observance

- 1-31 International AIDS Awareness Month – International HIV/AIDS Alliance  
[www.aidsalliance.org/](http://www.aidsalliance.org/)

### Week-long observances

- 2-8 Aplastic Anemia and MDS Week – Aplastic Anemia and MDS Internl, Inc.  
[www.aamds.org](http://www.aamds.org)
- 2-8 National Hand Washing Awareness Week – Henry the Hand Foundation  
[www.henrythehand.com](http://www.henrythehand.com)
- 4-10 National Influenza Vaccination Week  
<http://www.cdc.gov/flu/nivw/>

### Recognition days/events

- 1 World AIDS Day – World AIDS Campaign  
[www.worldaidscampaign.org](http://www.worldaidscampaign.org)